



Co-funded by
the European Union

Infopack
E+ Youth Exchange



MALLORCA, SPAIN

20 - 29 APRIL

EARTH EXPLORERS

ONE SUN

Project implemented by One Wave of Youth
Supported by One Sun Network



Hey there!

You're reading this because you're about to take part in Earth Explorers, a week dedicated to **nature, movement, and meaningful connection.**

This project brings together young people from different countries to explore how **physical activity, sustainability, and community** can go hand in hand.

During our days in Mallorca, we will **spend time outdoors, learn about local ecosystems, share our cultures, and reflect on how small actions can create real impact.**

Earth Explorers is about **being active, being aware, and being present. It's about stepping outside your comfort zone, meeting new perspectives, and discovering what you can bring back to your own community. Welcome to the journey.**



What's Earth Explorers About?

Earth Explorers is a youth exchange where **nature, culture, and well-being** come together. We'll spend our days outdoors, walking through beautiful landscapes, learning about the ecosystems of Mallorca, and taking part in activities that make a real difference for the environment.

What can you expect?

We'll challenge ourselves with eco-friendly games, share our cultures in the evenings, and work together as a team.

The goal is simple: to inspire you to **live more actively and sustainably** and to show how **even small actions can create change**.



Participants Profile



5 PARTICIPANTS PER COUNTRY



If you are joining as a participant, you should be **between 18 and 30 years old, speak basic English, and have an interest in nature, arts, physical activity, and spending time outdoors.** You don't need previous Erasmus+ experience, just curiosity, openness, and **motivation to take part fully in all activities.** We especially welcome those who have had fewer opportunities to travel or be part of international projects before. The working language of the exchange is English.

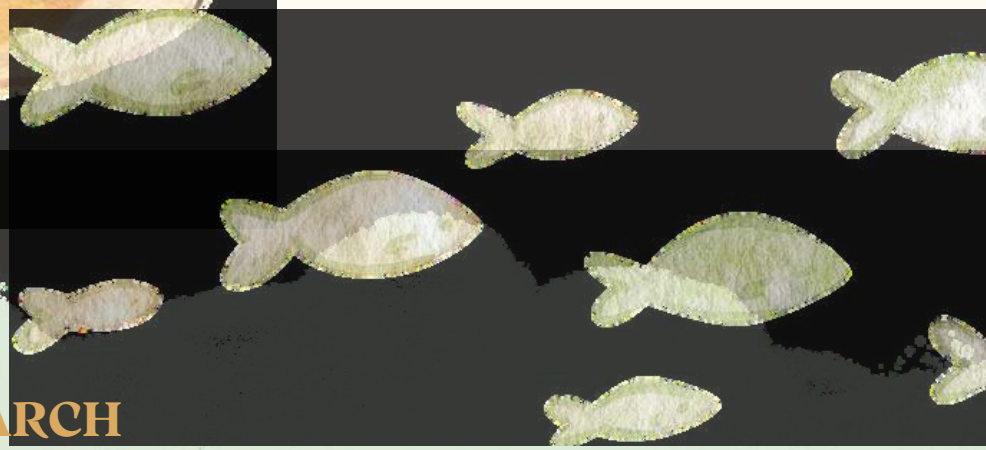
1 GROUP LEADER PER COUNTRY



If you are coming as a group leader, you can be more than 30, and you need to have some **experience with Erasmus+ projects.** Your role will be to **guide and support your team** from your country throughout the preparation, the week in Mallorca, and the follow-up afterwards. You will also **help with organising and leading activities** together with the other leaders and the hosting team.



Timeline



MARCH

- Participants selected
- WhatsApp group created for all participants
- Online preparation meetings for group leaders
- Travel plan coordination
- Ticket booking (only after confirmation)

20 - 29 APRIL

- Youth Exchange in Mallorca
- 20 April: Arrival day
- Workshops & Outdoor Activities
- 29 April: Departure day

APRIL - JUNE

- Follow-up and dissemination activities
- Sharing results locally and online

AFTER DISSEMINATION

- Travel reimbursement after all tasks and documents are completed



Our Basecamp

CAMPAMENT HIPOCAMPO

Address: C/Es Domingo Vells Buzon 40, 07689
Espinagar, Balearic Islands



We will stay in a cosy place surrounded by the **natural beauty** of Mallorca. Rooms will be shared by **four to six people, with bathrooms included.** There are indoor and outdoor spaces for activities, as well as areas to relax, play sports, or simply enjoy the quiet.

Meals are provided **three times a day** with **coffee breaks** in between, there are **vegan** and **vegetarian** options.

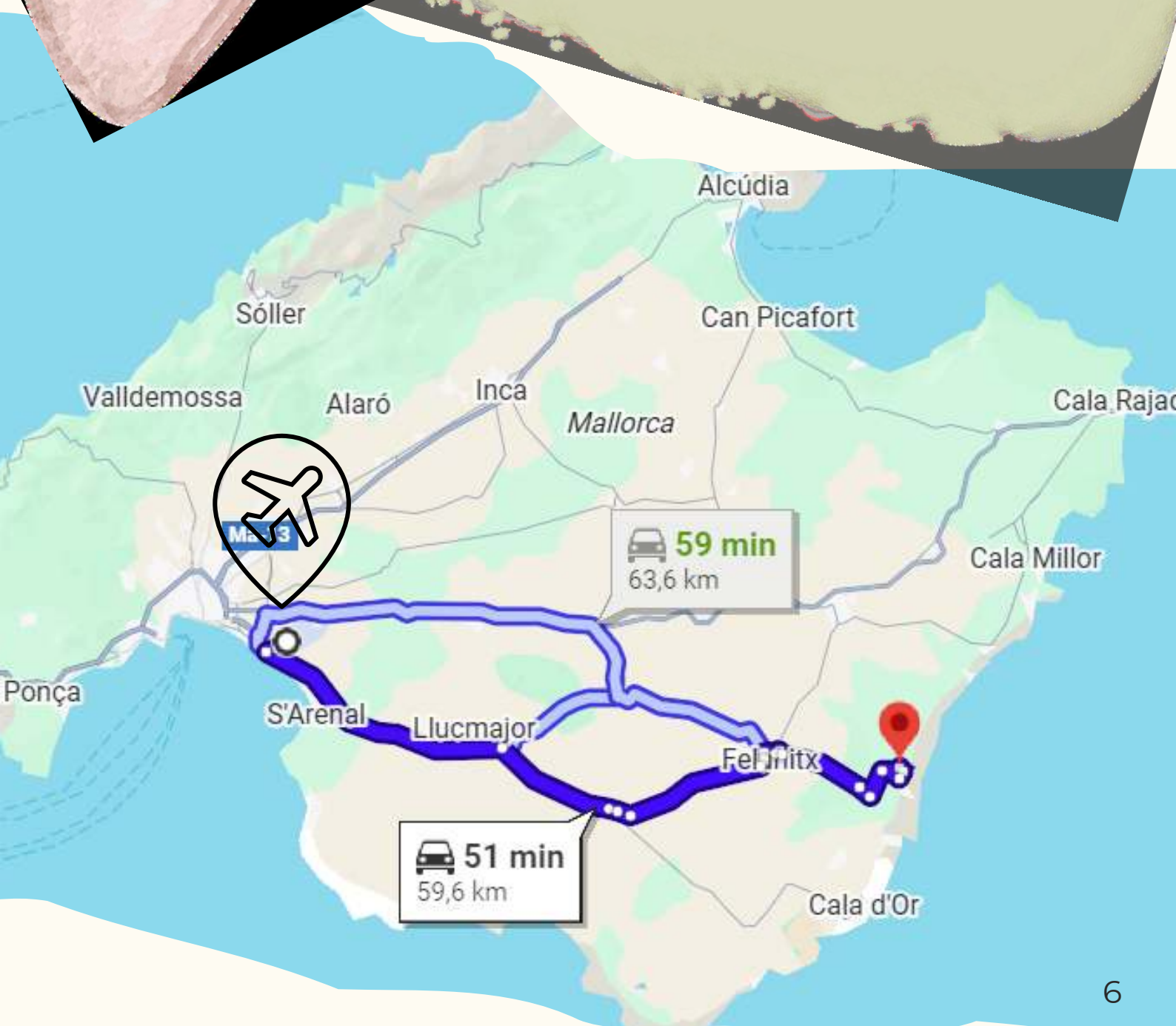
The venue is in a **remote area, with no grocery stores close by.**



How to Get Here

You will fly to Palma de Mallorca Airport and arrive on 20 April. **We will organise a transfer from the airport to the accommodation**, so you don't need to worry about local transport.

Before the exchange, we will create a **group chat** where you'll find all the travel information, tips, and updates.



Travel and Reimbursement

Your travel costs will be reimbursed based on the Erasmus+ distance calculator. **We encourage green travel** whenever possible, like **trains, buses, or carpooling**. It is very important to **keep every ticket, invoice, and boarding pass, as reimbursement is only possible with these documents**. The money will be sent after you have taken part in the whole programme, shared your follow-up activities, and sent all travel documents to the organisers.



GREECE (Tinos Youth): 309 €



ROMANIA (Asociatia 3C-HUB): 395 €



DENMARK (Together is Better): 309 €



PORTUGAL (Associação Youth for the Future): 309 €



SPAIN (One Wave of Youth): 28 €

A close-up photograph of a sliced orange, showing the juicy segments and the white pith, positioned in the top right corner of the page.

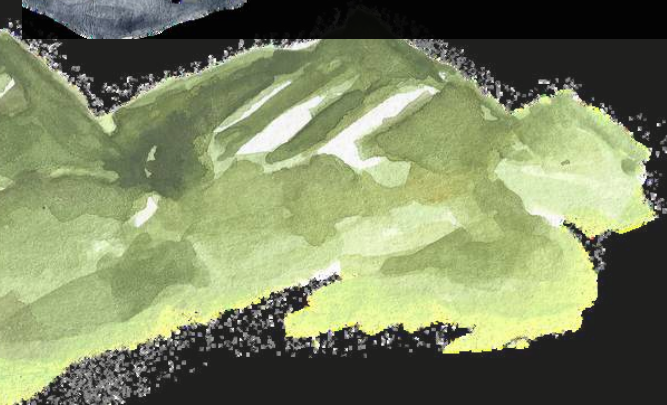
Important!

- **Do NOT buy tickets before written confirmation** from organisers
- Travel must match the official project dates
- Only **economy class** travel is eligible
- **Keep ALL tickets, invoices, and boarding passes**
- **Taxi costs and extra luggage are not reimbursed** unless agreed in advance
- Reimbursement is processed **after full participation and document submission**

Photos and videos may be taken during the exchange for Erasmus+ reporting and dissemination purposes. Participants will sign a media consent form upon arrival.

A black and white photograph showing several birds in flight against a dark background. The birds are captured in various stages of their wing strokes, creating a sense of movement.

At One Sun, we have a **zero-alcohol policy** during the project. This helps us keep the space **inclusive, respectful, and focused on the experience** we're here to share together.

A photograph of green foliage, possibly a plant or tree, with bright green leaves and some darker green shadows, located in the bottom left corner.

Participation Commitment

Earth Explorers is not a holiday. It is a learning experience funded by the Erasmus+ Programme of the European Union.

By joining the project, you commit to:

- **Participate in all sessions and activities**
- Respect the **timetable** and **group dynamics**
- **Contribute actively** during workshops and outdoor activities
- Support the dissemination activities after the exchange
- Complete the reflection process for the **Youthpass** Certificate

In case of cancellation without justified reason, travel costs may not be reimbursed.

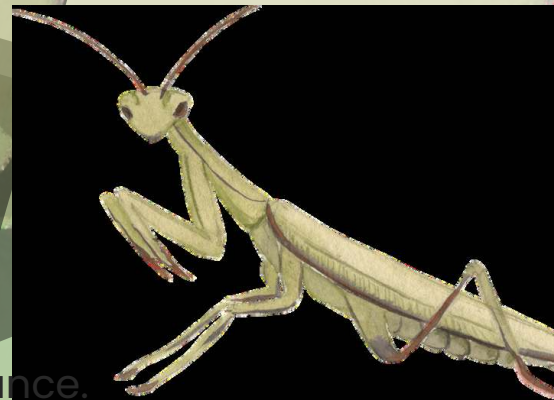
Full participation is required in order to receive reimbursement and certification.

Insurance and Health

All participants must have valid health insurance.

- European participants must bring their **European Health Insurance Card (EHIC)**
- Non-European participants must arrange **private travel insurance**
- Emergency number in Spain: 112
- Project contact during the exchange: +34658653724

The organisers are not responsible for personal belongings or private medical expenses not covered by insurance.





Code of Conduct

To ensure a safe and respectful environment for everyone, all participants agree to:

- **Respect** all participants regardless of gender, nationality, religion, identity, or background
- Maintain an **inclusive and discrimination-free** environment
- Follow the **zero-alcohol and zero-drug** policy during the entire project
- Respect **quiet hours** (00:00 – 08:00)
- **Take care** of shared spaces and accommodation
- Inform organisers in case of **conflict, discomfort, or emergency**

We are building a space based on trust, responsibility, and mutual respect.

Youthpass Certificate

At the end of the project, participants will receive a Youthpass Certificate, **officially recognising the competences developed during the exchange.**

We will guide you through a reflection process to help you identify your:

- **Communication skills**
- **Teamwork competences**
- **Environmental awareness**
- **Leadership development**
- **Intercultural learning**

Youthpass is an official European recognition tool under the Erasmus+ Programme.



What to Pack

• For sturdy trainers
• For warm days
• For cooler evenings
• For (in case of spring rain)
• (Weather dependent)
• Workshops and movement activities

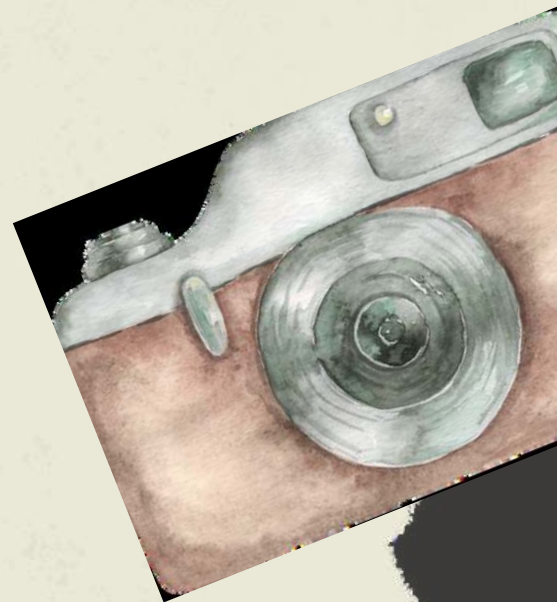
trips

medication

- EU health card, ID or passport
- Travel tickets and documents
- Snacks or small treat from your country for Cultural Night

Optional but Useful

- Camera
- Power bank
- Eco-friendly sunscreen and insect repellent





What to Pack

Special Exchange Item

Bring a **small handmade item** from your home to exchange with another participant. It doesn't need to be expensive, the value is in the meaning, not the price. Think of something simple but personal, like a bracelet you've made, a bookmark painted by you, a tiny clay figure, or a small drawing. This is your chance to share a little piece of yourself and your culture, and take home something created by a new friend.

Important

linen is NOT provided at the

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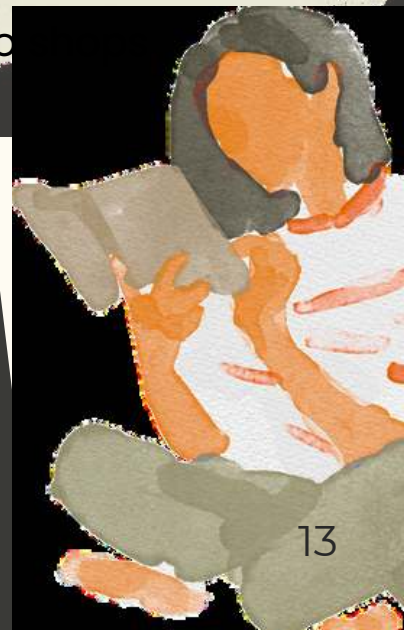
full bed linen (sheets +

- **Towel**

Make sure you do not forget this, as there are no nearby.

Optional but very welcome:

- Sports or movement material
- Board games from your country
- Musical instruments

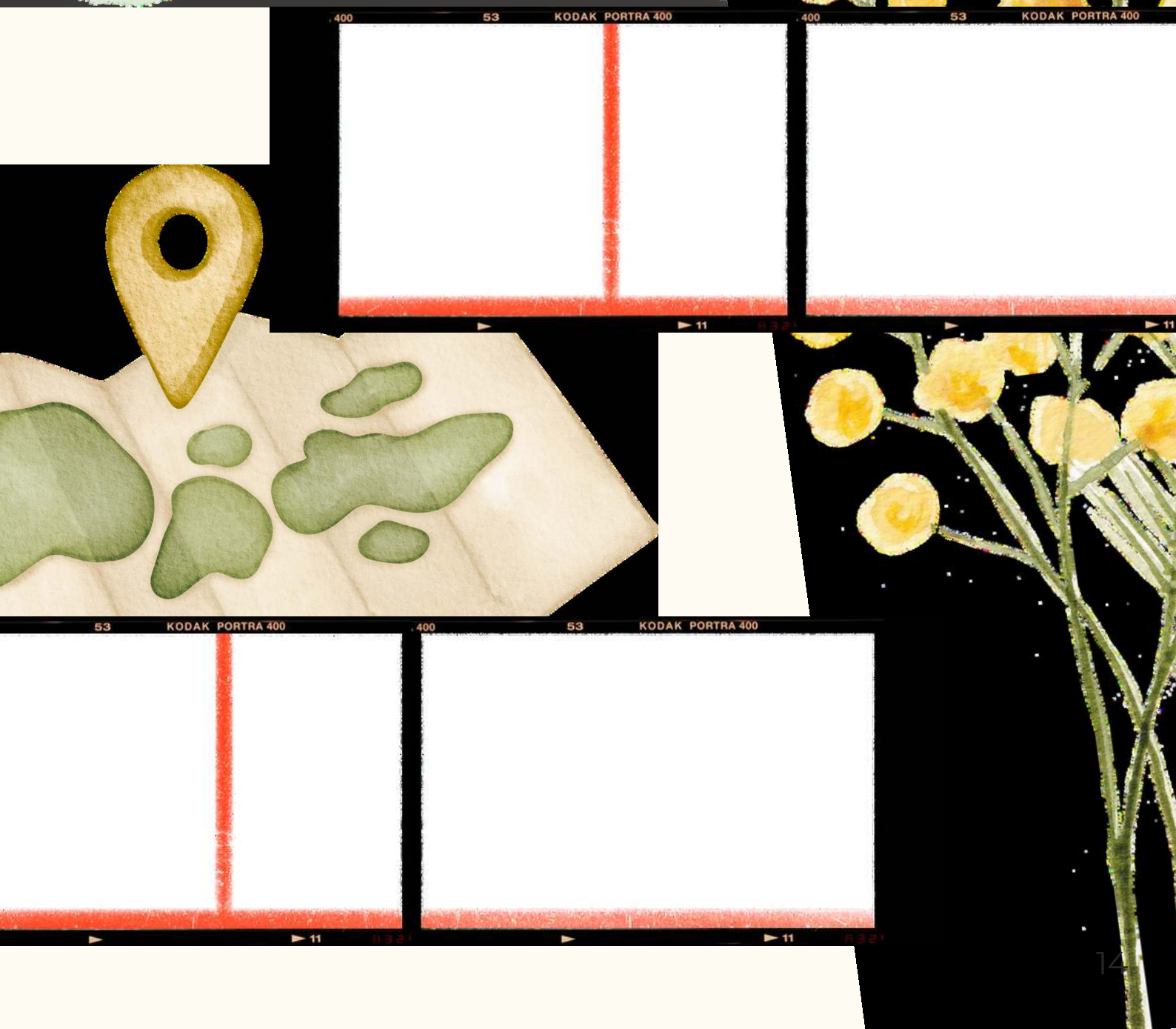


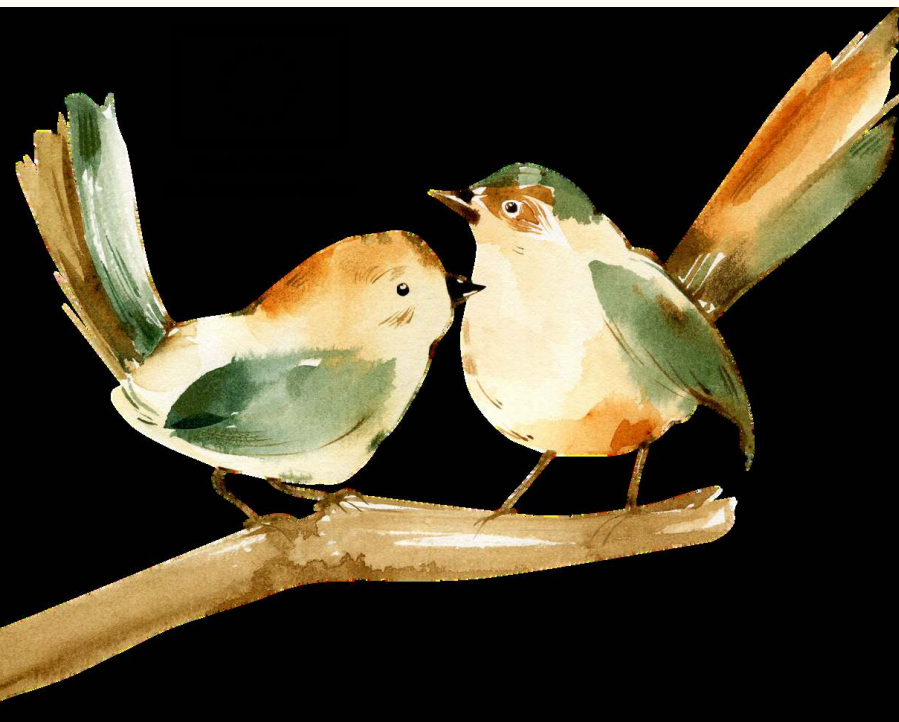


ONE SUN

One Wave of Youth is the informal group implementing Earth Explorers under the Erasmus+ KA152 Youth Exchange programme, with the support of the **One Sun network**.

We are Paula Nadal and Irene Reche, your facilitators during this journey.





You can apply by filling in **the application form** **available through the linktr in our Instagram**.
If you have any questions, feel free to contact us **by email** or send us a message on **Instagram**.

We can't wait to welcome you to Mallorens de March!



onewaveofyouth@gmail.com



[onesunorg](https://www.instagram.com/onesunorg)

This project is funded by the Erasmus+ Programme of the European Union.

